

FREE

Vol. 27 Issue 35/16

Friday 2nd - Thursday 8th September 2016



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com



Elite Pilates

KINSALE

NEW MAT CLASS

Starting MONDAY 12TH SEPT, 7PM

5 WEEKS €65

- FLATTENING OF ABDOMINALS & IMPROVED POSTURE
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To book your mat course email us at kinsale@elitepilates.ie or call us on 021 4773720

INTRO REFORMER PACK - 8 CLASSES FOR €99
MONDAYS AT 7PM

Elite Pilates, Kinsale Commercial Centre, Kinsale.
www.elitepilates.ie



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YOGA BENEFITS:

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- Increase body awareness & coordination



Classes commence
19th SEPTEMBER 2016
at KINSALE YOGA CENTRE

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or email Teenyogacork@yahoo.com

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FRIDAY: 8.30am-5.30pm

SATURDAY: 9.30am-3.00pm

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Wednesday 11-5
Thursday – Saturday 12-6



— GROWING OUR COMMUNITY —
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The Kinsale Office in Market Street will be closed on Saturday the 10th of September and will re-open on Wednesday the 14th.

This will facilitate the upgrading of our I.T. System in the Kinsale Office and allow for a wider range of products and services to become available to our members.

Members can also register for on-line services as and from the 14th September by visiting www.fscu.ie.

Think first... Think First South Credit Union

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- Theatre Performance/Drama
- Healthcare
- Art
- TV & Film

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qualifications required**
No CAO points requirement

**OPEN
DAY**
*Friday
2nd September*

10am–6pm

www.kinsalecollege.ie

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FETAC
LEVEL**

6

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- Outdoor Leadership
- Business
- Film & TV Production
- Multimedia Level 6
- Drama: Advanced Acting Course
- Sustainable Horticulture/Permaculture
- Health Service Supervisory Management
- Art



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LUCY FRENCH SCHOOL OF DANCE

NEW TERM BEGINS ON MONDAY SEPTEMBER 5TH

Limited places available. All current places have been kept,
if your child is not returning please let us know.

MONDAY

3.30-4.15	Hip Hop A (3rd & 4th class)
4.15-5.00	Hip Hop B (5th & 6th class)
5.00-5.45	Boy's Hip Hop and Breakdance Level 2
5.45-6.45	Boy's Hip Hop and Breakdance Level 1
6.45-7.45	Hip Hop C (1st & 2nd years)
7.45-9.15	Senior Hip Hop (3rd year & up)

TUESDAY

4.15-5.00	RAD Grade 4 Ballet
5.00-5.45	RAD Grade 5 Ballet
5.45-6.30	RAD Grade 6 Ballet
6.30-7.30	RAD Inter Foundation
7.30-9.00	Contemporary 3rd year & up, waiting list - must also do ballet

WEDNESDAY

3.30-4.00	Pre School Ballet (Age 2½-4½)
4.00-4.45	RAD Pre Primary Ballet
4.45-5.30	RAD Primary Ballet
5.30-6.15	RAD Grade 1 Ballet
6.15-7.15	RAD Grade 2 Ballet Group B
7.15-8.15	RAD Grade 6 Ballet
8.15-9.15	RAD Intermediate

THURSDAY

3.30-4.30	Jazz A (1st & 2nd class)
4.30-5.30	Jazz B (3rd & 4th class)
5.30-6.30	Jazz C (5th & 6th class)
6.30-7.30	Senior Jazz (1st - 3rd year)
7.30-9.00	Jazz Repertoire (4th year and up)

FRIDAY

3.30-4.30	RAD Grade 2 Ballet Group A
4.30-5.30	RAD Grade 4 Ballet
5.30-6.30	Pre-Vocational Ballet (G4 & 5)
6.30-7.30	RAD Grade 5 Ballet
7.30-9.00	RAD Inter Foundation Ballet & Pointe

SATURDAY

9.30-10.00	Pre School Ballet (2½-4½)
10.00-10.45	RAD Pre Primary Ballet
10.45-11.30	RAD Primary Ballet
11.30-12.30	RAD Grade 4 Ballet
12.30-2.00	RAD Intermediate Ballet and Pointe
2.00-3.30	Teenage RAD Grade 3 Ballet

To book a place or to be added to the waiting list please contact Lucy on

087 9521463 or 021 4773553

info@lucyfrenchschoolofdance.com www.lucyfrenchschoolofdance.com

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Mr. Mark Buckley

7th Degree Black Belt

Ms. Aoife O'Mahony

1st Degree Black Belt

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IMAC COACH CERTIFICATE
CHILD PROTECTION CERTIFICATE



FUN ★ EXCITING ★ SPORT
for **KIDS**



SCOIL NAOMH ELTIN, KINSALE

WEDNESDAYS

Kubz:

5.30pm - 6.15pm (ages 4 - 6)

Taekwon-Do Juniors: 6.15pm - 7.15pm (ages 7 - 12)

Seniors:

7.15pm - 8.15pm (age 12+)

FRIDAYS

Taekwon-Do Juniors: 6.45pm - 7.45pm (ages 7 - 12)

Seniors:

7.45pm - 8.45pm (age 12+)

Call or Text 086 822 0107

**FREE
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FOR THE
MONTH OF
SEPTEMBER**



Kinsale AFC



KAFC GIRLS' SOCCER REGISTRATION & TRAINING

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Saturday, September 10th
10:30am to noon**

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KINSALE MUSIC ACADEMY

NEW THIS SEPTEMBER: Introducing the KMA Singing Studio
with Vocal Coach & Choral Director Fiona Flavin

Choose from our specialist vocal group classes:

KMA MELODY MAKERS Age 5-7

The 'Melody Makers' group is a beginner class that includes singing/dancing/story telling/action songs and games. This class centres on singing and musical discovery as children build a foundation for musical literacy and experience. Children will enjoy exploring their voices and using their imagination while building their confidence.

KMA YOUTH VOCAL GROUP Age 8-12

The 'Youth Vocal Group' is ideal for children who love to sing but may not be ready for individual lessons. In this class, children begin training their ears and voices as they start the path to fine musicianship. Through engaging and fun repertoire, the group learn musical concepts and establish a strong musical understanding.

KMA TEEN VOCAL GROUP Age 13-18

This group is an advanced vocal harmony group for confident teenage singers who want to master their vocal and musicianship skills while still enjoying working in a team setting. Focused and fun rehearsals involve a wide range of repertoire from contemporary pop arrangements to musical theatre and more. This group also caters for singers coming together to perform for Junior or Leaving Cert music practicals!

ALSO AVAILABLE

A limited number of individual 30 minute singing lessons
with a wide range of styles and exam board options accessible.



Follow us on Facebook
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For more information contact:

Tel: 087 357 9000

Email: info@kinsalemusicacademy.ie

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TAX RETURNS 2015

Can we help you?

Ireland has one of the largest tax codes in the world, so preparing even the most straightforward tax return can be complicated. Do you need help in your 2015 Return? Our experienced team of professionals have experience in dealing with tax returns over the last 20 years.

By giving you a fixed, competitive price, we can take the worry away when it comes to self-assessment tax returns; allowing you to concentrate on running and growing your business.

The most common reasons that a tax return may be required are as follows:

- You are self-employed or a partner in a partnership.
- You are a company director.
- You have rental property income.
- You have large amounts of savings or investment income.
- You have bought/received or sold shares.
- You own land or property that is being let.
- You have income from overseas.
- You have sold or given an asset away (such as a holiday home or some shares).

If you want to make sure you are paying the right amount of tax, you should consult a professional.

Our team can:

- Complete your tax return.
- Calculate your tax liability.
- File the return online.
- Liaise with you on the amounts to be paid and when they are due and deal with Revenue on your behalf.

In addition, we can analyse your self-assessment tax return to see if any tax savings can be made and we can also review the form to see if there are any anomalies that need to be addressed before the return is submitted.

We can also advise on International Tax and moving to Kinsale from overseas in terms of tax planning.

Contact our team on 021 4774500
for a **FREE INITIAL CONSULTATION** on how
we can help you or visit our website on
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KINSALE HISTORY SOCIETY

October, 6th Thursday

"Kinsale Harbour"

an illustrated lecture by John Thuilleir
at 8pm at the Temperance Hall

October 21st Friday

**Commemorative Concert
for 1916**

8pm at Saint Multose Church.

November, 3rd Thursday

"Kinsale in 1916"

an illustrated lecture by Dermot Ryan
at 8pm at the Temperance Hall.

November, 11th, Friday, 11am

War Memorial Ceremony

World's End.

December, 1st Thursday

Members Night

with the launch of the Kinsale Record,
photos and video of old Kinsale
at 8pm at the Temperance Hall.

December, 18th Sunday

**Prayers at Famine Graveyard
& Millwater, 2pm.**

Articles and/or photographs for the next edition
of the Kinsale Record, Volume 24, should be sent
by e-mail only, dermotryankinsale@gmail.com
Contact Dermot Ryan, 086 8267656
or Terry Connolly at 4772619



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12pm-10pm

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MUSIC

Saturday 3rd September 10.30pm

Poc Ar Buile

Wednesday 7th September 9pm

Two of a Kind

Thursday 8th September 9pm

Two of a Kind

SPORTS

Saturday 3rd September

PRO12 RUGBY

Scarlets v Munster 3pm

Sunday 4th September

GAA ALL IRELAND HURLING FINAL

Kilkenny v Tipperary 2.30pm

Monday 5th September

FIFA WORLD CUP QUALIFIER

Serbia v Ireland 7.45pm



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Kinsale Chamber of Tourism & Business

Membership 2016-2017 - Subscriptions Now Due!

- Welcome new members and thanks to members who have already paid subscriptions
- Please renew online www.kinsale.ie/membership or email treasurer@kinsale.ie to request a manual invoice
- New promotional brochures and stickers now available at Kinsale Tourist Office
- Autumn Networking Event on Tuesday 11th October, 6-8pm kindly hosted by Macdonald Hotel Kinsale

There are additional opportunities to promote your business to a wide online audience by advertising on Kinsale.ie

Please contact (021) 4774313 or info@kinsaleadvertiser.com for details



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Get fit, lose weight, feel great this autumn with a variety of new exciting fitness classes.

- Mon 5th Sept @ 9.45am Zumba Toning
Mon 5th Sept @ 10.45am Pilates & Postural Correction Course
in SAILE COMPLEX, KINSALE
- Wed 7th Sept @ 10am Piloxing
(Fusion of Dance, Boxing & Pilates)
Wed 7th Sept @ 11am Pilates intermediate
in LUCY FRENCH STUDIO, KINSALE
- Thur 8th Sept @ 10am Pilates & Postural Correction Course
in BANDON TOWN HALL

Evening classes in Innishannon & Carrigaline
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Walton Court, Oysterhaven Bay

www.WaltonCourt.com

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Some conditions treated in the clinic:

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- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
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- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

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& 2.00 pm - 6.00 pm
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Friday: 2.00 pm - 6.00 pm
Saturday: 10.00 am - 1.00 pm
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Friday 2nd September
HANK WEDEL

Saturday 3rd September
GRAINNE RYAN

Sunday 4th September
AMERICANICS

Monday 5th September
SINGALONG with Roy

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Cobra

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We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

*Why not try something very mild for your first taste of curry.
We are sure you will be delighted.*

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SPECIAL MENU**

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**COBRA TANDOORI
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Take Away & Delivery Menu

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September

SHARKS ADVERTISING AWARDS

September 22nd to 24th

40TH GOURMET FESTIVAL

October 7th to 9th

KINSALE JAZZ FESTIVAL

October 28th to 31st

HALLOWE'EN

October 31st

KINSALE CHRISTMAS

December

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KINSALE ADVERTISER

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Kinsale RNLI

A BIG THANK YOU

to all who supported us and helped in
any way last Friday night (26th August)

Blue Haven	The Black Pig
The White Lady	Clonakilty Foods
Jim Edwards	Kinsale Newsletter
The White House	John Barrett
Maurice Murphy	Billy Connery
Kinsale Bookshop	Donal Lordan
Footloose	Fat Face
Bandon Co-op	Mary Enright Jewellery
Bolands	John Collins
Daisychain	(Kinsale Pharmacy)
The Shack	The Brehon (Killarney)
Small Engine Company	Cork Opera House
The Steakhouse	Market Garden

Over €9000 was raised in total.

Without your support this would not be possible.

Susan Draper



KINSALE



FRI 2nd SEPTEMBER

MIKE CAREY 9pm

SAT 3rd SEPTEMBER

JOHNNO 8pm

THE KILKENNYS 10pm

followed by DJ Mike Fitz til late Late bar

SUN 4th SEPTEMBER

FLAKE THE GANDER 9pm

followed by DJ Rory Late bar

MONDAYS CHASE THE ACE 9pm

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TUESDAYS ROLL THE DICE 6pm

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WEDNESDAYS BINGO 8.30pm

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**Kinsale RFC and Caring for Ciara
presents**



KINSALE RFC



KINSALE 5 MILE ROAD RACE

**AAI
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Sunday September 4th, 2016 at 11am

RACE CATEGORIES

**Men, Women,
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Over 40,45,50,55,60.**

**Family Walk for Ciara
via Scilly Walk
at 10.30am**

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- **Course Officially Measured**
- **Senior Entry Fee: €10**
- **Junior Entry Fee: €5**
- **Start time 11am at Kinsale RFC**
- **Free transport from finish line to club**
- **Registration and changing facilities at Kinsale RFC from 9.30am to 10.30am**
- **Family walk €20**
- **Car Parking available at Kinsale RFC**
- **Walk commences 10.30am**
- **Charity Partner - Caring For Ciara**

Race will start at Rugby Club and finish outside Actons Hotel, on a fast course.
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If you would like to pre-register please send an email with name to kinsalerfcroadrace@gmail.com.
Walk (same route) starts at 10.30am finishes at Actons Hotel where the main race finishes.
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Registration from 9.00am • To pre-register please email kinsalerfcroadrace@gmail.com

Contact: kinsalerfcroadrace@gmail.com or John 086-8199611

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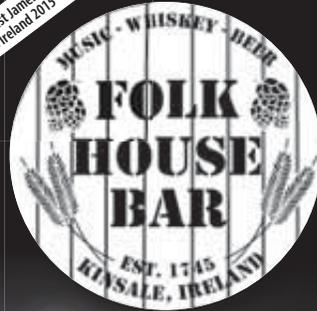
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SUNDAY 4th SEPTEMBER 9pm

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SAT 3rd SEPTEMBER: DJ MARK

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FRI 9th SEPTEMBER: DJ DENNIS

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Starts Monday 5th Sept
at The Wellness Club,
4 Newman's Mall.
Phone 087-9243100



**KINSALE
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CENTRE**

www.kinsaleyogacentre.com

DROP IN €12

68 Lr. O'Connell St, Kinsale
(behind Actons Hotel & next to The Black Pig)

KINSALE HARBOUR CRUISES

Departure beyond Actons Hotel on board 'Spirit of Kinsale'

SEPTEMBER TIMES

MON - FRI: 2pm, 3pm SAT & SUN: 2pm, 3pm, 4pm

See sandwich board at Tourist Office & Pier Rd. for updates.



Complimentary Tea/Coffee Served.
Cruises are subject to weather and tide.

T: 086 250 5456

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DERMOT RYAN'S HERITAGE TOWN WALKS

**"Kinsale's Top
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**"Best Value €5
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Sunday Times



10.30am Daily

(or by appointment)

from the Tourist Office.

Adults: €5 Children: Free

For group rates, please phone

086 826 7656

KINSALE BAPTIST CHURCH
Sundays at 11am Temperance Hall

All welcome www.kinsaleabc.ie



*Are you concerned about the
well-being of any young person?*

FOR FREE & CONFIDENTIAL

ADVICE & SUPPORT

CONTACT TOM ON

085 872 5789

WHAT'S ON IN KINSALE & DISTRICT

Friday 2nd
September to
Thursday 8th
September 2016

FRI 2nd SEPTEMBER

ARMADA:

See bar for details.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN BAR:

Bought & Sold with Clem Buckley, 10pm.

CASEY'S BAR:

Mike Carey, 9pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

FOLKHOUSE:

Kaara, 10.30pm.

HAMLETS:

Jamie Shine, 9pm.

HARBOUR CRUISE:

Pier Road, 2pm, 3pm.

HERITAGE TOWN WALKS:

Tourist Office, 10.30am.

KINSALE COLLEGE:

Open Day, 10am - 6pm.

SAM'S BAR:

Hank Wedel.

SILENT BANJO:

The Squonks, 10.30pm

VISTA:

Billy Crosbie's Piano Bar
at The Marina Lounge.

SAT 3rd SEPTEMBER

ARMADA:

See bar for details.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Niall McCabe Band,
10pm.

CASEY'S BAR:

Johnno, 8pm.
The Kilkennys, 10pm.
DJ Mike Fitz til late.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

FOLKHOUSE:

Jerome Rimson & The
Bad Boy Blues, 10pm.

HAMLETS:

DJ, 10.30pm.

HARBOUR CRUISE:

Pier Road, 2pm,
3pm, 4pm.

HERITAGE TOWN WALKS:

Tourist Office, 10.30am.

SAM'S BAR:

Grainne Ryan.

SILENT BANJO:

The Jools, 10.30pm.

TRIDENT HOTEL:

Easybeats.

WHITE HOUSE:

Poc Ar Buile, 10.30pm.

SUN 4th SEPTEMBER

ARMADA:

See bar for details.

BLUE HAVEN:

Trad Sessions, 8.30pm.

BULMAN BAR:

Niall McCabe, 6pm.

CAR BOOT SALE:

Belgooly GAA Pitch,
1pm-5pm.

CASEY'S BAR:

Flake the Gander, 9pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office, 11.15am.

FOLKHOUSE:

King K, 9pm.

HARBOUR CRUISE:

Pier Road, 2pm,
3pm, 4pm.

HERITAGE TOWN WALKS:

Tourist Office, 10.30am.

KINSALE 5 MILE

ROAD RACE:

11am at Kinsale RFC.

KINSALE BAPTIST

CHURCH:

11am, Temperance Hall.

SAM'S BAR:

Americhanics.

MON 5th SEPTEMBER

ARMADA:

See bar for details.

BLUE HAVEN:

Arundo, 9.30pm.

CASEY'S BAR:

Chase the Ace, 9pm.

DALTON'S BAR:

Trad.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

ELITE PILATES:

Intro Reformer Pack, 8
classes for €99. 7pm.

FITNESS WITH DEBS:

at Saile Kinsale.
Zumba Toning, 9.45am.

Pilates & Postural

Correction, 10.45am.

HARBOUR CRUISE:

Pier Road, 2pm, 3pm.

HERITAGE TOWN WALKS:

Tourist Office, 10.30am.

KINSALE TENNIS CLUB:

Junior Tennis Coaching
commences.

LUCY FRENCH

SCHOOL OF DANCE:

New term begins today.

MASS FOR ADORERS

& FRIENDS:

The Friary, 7.30pm.

PHYSIO FIT KINSALE:

Autumn series
commences.

SAM'S BAR:

Singalong with Roy.

TUES 6th SEPTEMBER

ARMADA:

See bar for details.

BLUE HAVEN:

Sonny & Friends, 9.30pm.

CASEY'S BAR:

Roll the Dice, 6pm.

DALTON'S BAR:

Trad.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

HARBOUR CRUISE:

Pier Road, 2pm, 3pm.

HERITAGE TOWN WALKS:

Tourist Office, 10.30am.

KUK SOOL WON:

Carrigaline.

Kids, 6-7pm & 7-8pm.

Adults, 8pm - 9.30pm.

SONGSTER'S

SING GROUP:

The White Lady,
7.30pm - 9.30pm.

WED 7th SEPTEMBER

ARMADA:

See bar for details.

BLUE HAVEN:

Niall McCabe, 9.30pm.

CASEY'S BAR:

Bingo, 8.30pm.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

FITNESS WITH DEBS:

at Lucy French Studio,
Kinsale. Piloxing - Fusion
of Dance, Boxing,

Pilates, 10am. Pilates

Intermediate, 11am.

HARBOUR

CRUISE:

Pier Road, 2pm, 3pm.

HERITAGE TOWN WALKS:

Tourist Office,
10.30am.

KINSALE COMMUNITY

SCHOOL:

Enrolment Day for
2016 Courses.

KONFIDENT KIDS:

Speech & Drama
Classes.

Temperance Hall.

3.15pm: Juniors to 7 yrs.

4.15pm: 11 to 13 yrs.

5.15pm: 8 to 10 yrs.

KUK SOOL WON:

Kinsale.

Kids, 6-7pm & 7-8pm.

Adults, 8pm - 9.30pm.

WHITE HOUSE:

Two of a Kind, 9pm.

THUR 8th SEPTEMBER

ARMADA:

See bar for details.

BLUE HAVEN:

Arundo, 9.30pm.

CASEY'S BAR:

No Frontiers, 9pm.

DALTON'S BAR:

Trad.

DON & BARRY'S

HISTORIC STROLL:

Tourist Office
9.15am, 11.15am.

FOLKHOUSE:

Jawbone,
9.30pm.

HAMLETS:

Niall McCabe,
9.30pm.

HARBOUR CRUISE:

Pier Road, 2pm, 3pm.

HERITAGE TOWN WALKS:

Tourist Office,
10.30am.

KINSALE GARDEN &

FLOWER CLUB:

"Autumn in its Glory"
demonstration by
Adrienne Thompson.

8pm at St. Multose Hall.

KUK SOOL WON:

Ballinspittle.

Kids, 6-7pm & 7-8pm.

Adults, 8pm - 9.30pm.

WHITE HOUSE:

Two of a Kind, 9pm.



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